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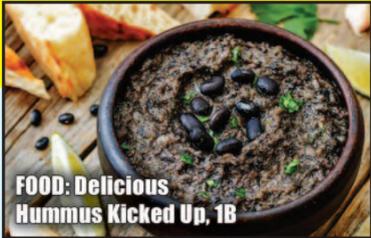
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HALLANDALE BEACH:
It Was All About Community, 4A



FOOD: Delicious
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Alder.....	3B	Classified.....	6B
Community Calendar.....	6A	Health.....	3B-5B
Casino @ Dania Beach.....	8A	Lifestyles.....	2B
Classic Albums Live.....	2B	Sunny Isles Phsicians.....	5B

South Florida Sun TIMES

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AVENTURA • BAL HARBOUR • DANIA BEACH • HALLANDALE BEACH • HOLLYWOOD • NORTH MIAMI BEACH • PEMBROKE PINES • PEMBROKE PARK • SURFSIDE • SUNNY ISLES BEACH

WE ARE ONE MONTH AWAY

Recent Information About Major Hurricane Michael Has Residents Watching & Listening This Year!

By Larry Blustein
sfsuntimes@aol.com

As the tourists are starting to empty out from their slice of heaven here in south Florida - and head back home - year round residents will now brace for the reality of hurricane season.

As we needed a reminder of how unsettling those six months can be, Hurricane Michael, which devastated a swath of the Florida Panhandle last fall, was upgraded to a Category 5 storm this past week, only the fourth to make recorded landfall in the United States and the first since 1992.

The announcement last Friday came as no surprise to those still struggling to recover from the storm's destruction.



National Hurricane Center scientists conducted a detailed post-storm analysis for Hurricane Michael, which made landfall near

Mexico Beach and Tyndall Air Force Base on Oct. 10, 2018. They've determined that its estimated intensity at landfall

was 160 mph (257 kph), a 5 mph (8 kph) increase over the operational estimate used last fall, NOAA said in a news release.

That puts Michael just barely over the 157 mph (252 kph) threshold for a category 5 hurricane.

That news, coupled with the recent prediction for the new season - starting on June 1 - has put

Storm, Page 7A



Karla Guadamuz-Davis, founder of I Love Mi Casa Realty, is setting standards -as she and her late husband, Howard Davis Jr., did in the MMA cage.

From MMA Fights To Real Estate Dreams

When you are buying a home, it is often the biggest purchase that you will ever make - and for that reason - Karla Guadamuz-Davis is someone that you want on your side.

As a former South Florida Journalist who has built up positive contacts and a network that continues to grow, Guadamuz-Davis understands what we are all dealing with when making that purchase.

This full-time professional Broker and single mother of a young daughter, has

accomplished so much - and has now channeled her energies into I Love Mi Casa Realty, LLC in Hallandale Beach.

While her many clients and co-workers see someone every day who brings an "A" game to the office and wants to succeed in everything she does, Karla is an example of going after something and embracing it.

Born and raised in Miami, Karla's parents came from Nicaragua in search

Real Estate, Page 3A

Modern Therapy Is Changing Lives

Providing The Latest Health & Age Management Medical Services To Adult Men And Women



No matter if you are a weekend warrior or someone who needs a little boost in the bedroom, Modern Therapy has the answers to many health questions you may have. For Medical Director George Ibraheim, D.O., Rose Zegarra, PA-C, Ian Gillman, Javier Murcia, and the staff at this pro-

gressive center, located in the heart of Hallandale, it is all about benefitting their patients and giving them an opportunity to live an active lifestyle. Modern Therapy has been providing patients with Testosterone Treatment, Human Growth Hormone Therapy, HCG, Andropause as well as

Menopause Treatment for over 20 years.

During that time, their highly-trained physicians have taken their time to carefully listen to the patients and treat their symptoms with a holistic approach. That method has been very effective.

Therapy, Page 4B



FUNTASTIC FRIDAY
WILL BE GOING GREEN
THIS WEEK AT 5 PM, 2B



FALLS & FRACTURES
VERY IMPORTANT TIPS
THAT MAY HELP, 3B



REMEMBERING 'ROZ'
LONGTIME RESIDENT WAS
A DIFFERENCE MAKER, 4A



KODNER GALLERIES
ANTIQUES & MUCH MORE
IN DANIA BEACH, 2A